

21-DAY PRAYER AND FASTING MARATHON (3rd to 23rd June) – NAIROBI BAPTIST CHURCH

THEME: “WATCH AND PRAY.”

Theme verse: “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.” (Matthew 26:41)

Day 1 (Monday). Teach us to pray.	Day 2 (Tuesday). Thanksgiving	Day 3 (Wednesday). Spiritual growth
<p>Luke 11:1 <i>One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.”</i></p> <p>Isaiah 30:18: <i>So, the Lord must wait for you to come to him so he can show you his love and compassion. For the Lord is a faithful God. Blessed are those who wait for his help.</i></p> <ul style="list-style-type: none"> ● Pray that the Lord will take us to a new level of prayer during the next 21-days. That He will teach us more about Himself & prayer as we wait on Him. ● Pray for strength & endurance as we wait on Him over the next 21 days ● Pray that God gives you a renewed love for spending much time with him in vital, expectant prayer Philippians 4:6, ● That as we wait on Him in prayer we shall be renewed & experience His love & compassion. ● Pray that we will allow the Good shepherd to lead us as we pray, prioritising His will over our desires. ● Ask God to help us live with more confidence that He reigns, is very present and able to move in power as we pray. 	<p>Psalm 9:1 <i>I will give thanks to you, LORD, with all my heart I will tell of all your wonderful deeds.</i></p> <p>Psalm 100:4: <i>Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.</i></p> <ul style="list-style-type: none"> ● Ask the Lord to open your eyes to all the good things He has done in your life, in you, through you and around you. Give thanks. ● Thank God for the precious Gift of Salvation through Jesus Christ. ● Thank God for Life and Good Health. Psalm 103:1-5, Psalm 107:8-9 ● Thank God for your Family and ask Him to always help you see the good in your family. 2Thessalonians 1:3, ● Thank God for divine Provision and Sustenance. 1Chronicles 16:8, ● Thank God for the time of prayer we have been given, which will revitalize our worship & our walk with Him. ● Praise the Lord for the promise of peace as we seek Him in prayer. Philippians 4:7. 	<p>2Peter 3:17-18 <i>Therefore, dear friends, since you have been forewarned, be on your guard so that you may not be carried away by the error of the lawless and fall from your secure position. But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen.</i></p> <ul style="list-style-type: none"> ● Pray that we will be on guard so that we may not fall from our secure position. ● Pray that God will help us discipline our bodies and put to death the fleshly nature. 1 Corinthians 9:27 ● That the refining fire of the Holy Spirit will work in your life so that you will be a vessel He can use. ● Pray that we will grow in the grace and knowledge of Jesus Christ. That He will teach you to pause, seek His face & counsel at all times. ● That we will grow in studying & applying the Word in our lives. ● Ask God to help us be patient in affliction and to persevere so that we may be mature and complete, not lacking anything.

Day 4 (Thursday). Spiritual Warfare	Day 5 (Friday). Prayer against fear	Day 6(Saturday). Social life/ Relationships
<p>1 Peter 5:8-10 <i>Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. ⁹ Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. ¹⁰ And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.</i></p> <ul style="list-style-type: none"> ● Pray that we shall be alert and of sober mind as we walk the journey of faith. That the Lord will alert us about any area of our life that is not submitted to Him. ● Pray that the Lord opens your eyes to see any attacks of the devil and gives you the courage to resist him through prayer. ● Resist the Devil & declare the truth, authority and Lordship of Christ over any areas that seem to be under attack. ● Pray that God opens your ears that you may hear and understand His word and the voice of His Spirit. That you may use His word as a powerful weapon. ● Pray that God teaches you how to fight not with flesh but against the dark kingdom and principalities. ● Pray that we will stand firm in the faith even in suffering. ● Pray that where we have experienced suffering the Lord will bring restoration. 	<p>Revelation 1:17-18 <i>When I saw him, I fell at his feet as though dead. Then he placed his right hand on me and said: “Do not be afraid. I am the First and the Last. ¹⁸ I am the Living One; I was dead, and now look, I am alive for ever and ever! And I hold the keys of death and Hades.”</i></p> <ul style="list-style-type: none"> ● Name & cast all your anxieties, fears & burdens unto the Lord. ● Pray that you will always remember that He is in control and is perfectly executing His sovereign will. That we will have faith to believe that God is the Living one, Alpha & Omega, thus we need not be afraid. ● If you have received Jesus as Lord and Saviour ask Him to help you not to be afraid of judgement day. Ask Him to build your assurance of being eternally and fully accepted by God. ● Because God holds the keys of death and Hades, ask Him to help you not to be afraid to die or to live. ● As God is the First and the Last, ask Him to help you not be afraid of any situations you are currently facing. That you will feel His right hand of encouragement upon you. ● Pray that like the believers that went ahead of us we will be courageous to do mighty exploits (what God calls to do) despite fear. 	<p>Ephesians 4:31-32: 31 <i>Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. 32 Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.</i></p> <p>Psalm 25:9: <i>He guides the humble in what is right and teaches them his way.</i></p> <ul style="list-style-type: none"> ● Ask the Lord to make us aware of & deal with any issues in our hearts that don't please Him. E.g bitterness, unforgiveness, slander, harsh words, pride etc. ● Pray that He will replace this with kindness, humility, forgiveness, love & mercy to the people around us. ● Ask the Lord to keep you emotionally self-aware as you relate with others in this world. That we may realise when we are wrong. ● Ask the Lord to help you be humble & ask for forgiveness when you have offended others. ● As God guides the humble in what is right, pray that He will guide you as you relate with others. ● Ask God to give you the grace to live righteously as He did in this broken world. ● Pray that God brings restoration to your heart & also uses you as a means of restoration towards others.

Day 7 (Sunday): Neighbourhood	Day 8 (Monday). Family	Day 9 (Tuesday). Godly Men
<p><i>Jeremiah 29: 7 Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper.</i></p> <p><i>Matthew 22:39b Love your neighbour as yourself</i></p> <ul style="list-style-type: none"> ● Give thanks for the things that are good in the neighbourhood where you live. ● Pray for the different issues/ challenges that are in your neighbourhood. ● Pray for the families in the neighbourhood. ● Pray for good relationships between neighbours; peace and safety. ● Pray that the Lord will use you & other believers to spread His Aroma in your neighbourhood. Ask the Lord for opportunities to share the good news with those in your neighbourhood. ● Ask the Lord to guide you on how He would like you to be involved in your neighbourhood. ● Pray for the leaders that oversee your neighbourhood e.g. neighbourhood committees, political leaders, church leaders, community leaders etc. 	<p><i>Psalms 127: 1 Unless the Lord builds the house, the builders labor in vain. Unless the Lord watches over the city, the guards stand watch in vain.</i></p> <ul style="list-style-type: none"> ● Thank God for the things which are good in your family. ● Pray for the challenges that you may be facing in your family. ● Submit and surrender your family to the Lord in prayer. Ask Him to build your family into a Godly family. ● Ask the Lord to bring family members who don't know Him to salvation. ● Pray for those going through extremely difficult times e.g. failing health, financial stress, emotional stress, mental illness, ● Pray for any relational dysfunction and breakdown in your family. That God will pour His lifegiving Spirit into these relationships. ● Ask God to bring hope to the hopeless and broken relationships & Ask God to unite families with true love. 	<p><i>Psalm 1:1-2: Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the LORD, and who meditates on his Law Day and night.</i></p> <ul style="list-style-type: none"> ● Pray that God will empower the men in our church with godly character. ● Pray that they will be men full of perseverance and commitment to the ways & works of the Lord despite the challenges they face. ● Pray that all the men in this church will live a life fully in the light where they have no secret sins. ● Pray that God will help the men model Christ in their families. ● Pray for all those who are discouraged by the challenges of life that the Lord would lift and strengthen them. ● Pray for the men's fellowship. That their activities would encourage men in their struggles and help them grow in the Lord. ● Pray that they will not neglect fellowship but will understand its importance. (Hebrews 10:25)

Day 10 (Wednesday). Godly Women	Day 11 (Thursday). Children	Day 12 (Friday). The Youth
<p>Proverbs 31: 30-31-<i>Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised. 31 Honor her for all that her hands have done, and let her works bring her praise at the city gate.</i></p> <p>Proverbs 14: 1- <i>The wise woman builds her house, but with her own hands the foolish one tears hers down.</i></p> <p>Psalms 139:14: <i>I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well.</i></p> <ul style="list-style-type: none"> ● Pray that the women in our midst will revere & trust the Lord & walk in His ways. ● Pray that they will know that their wonderfully made and that their identity and value should be founded in Christ. ● Pray that the Lord will help the women to be wise women that build their families rather than tear them down. ● Pray that God fans into flame their different gifts so that they may be used by Him wherever He places them (family, society, church etc). ● Pray for restoration of those that may have faced major trauma, challenges and loss in their lives. ● Pray for the women’s ministries in the church, that the Lord will strengthen, build and use them for His glory. 	<p>Matthew 19:14 - <i>Jesus said, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.</i></p> <ul style="list-style-type: none"> ● Pray that the children will get to know the Lord at a young age and not depart from His ways. That the word of God would shape their lives. ● Pray that there will be no hindrances for the children to come to Christ. ● Pray that parents/ guardians and family members will model and intentionally teach the children about the Lord and impart Godly values in them. That discipleship would begin at home. ● Pray for the children’s ministry pastors and Sunday school teachers as they give of their time to impact the next generation to know the Lord. ● Pray for all the children’s ministry activities e.g. Sunday school, Holiday Bible club, PPI in schools, camps etc that they will draw many to Christ. ● Pray that all our NBC children shall have a godly impact on other children wherever they are found. ● Pray for covering and protection over the children in these evil times. 	<p>Psalms 119:9 - <i>How can a young man keep his way pure? By guarding it according to your word.</i></p> <p>1 John 2: 14b- <i>I write to you, young men, because you are strong, and the word of God lives in you, and you have overcome the evil one.</i></p> <ul style="list-style-type: none"> ● Pray that God will bring the youth who don’t know Him to salvation. ● Pray that the word of God would live in them and that they would walk in the fear of God that they may keep their way pure. ● Pray that the youth will be able to overcome the evil one. Pray that they will not give into the temptations around them. ● Pray for deliverance for those that may be in bondage to wickedness of any form. ● Pray that the youth in this nation will not be used to spread violence and engage in criminal activities. ● Pray that the youth will use their energy and agility for the right course of building their lives and the nation and to further the purposes of God. ● Pray for the youth pastors and youth ministry activities. That the Lord will use them to draw many to Himself.

Day 13 (Saturday). The Pastorate	Day 14 (Sunday). NBC Westlands & Kibera	Day 15 (Monday). NBC Kitengela & Rongai
<p>Ephesians 4:11-13- <i>So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.</i></p> <ul style="list-style-type: none"> ● Ask God to give Divine wisdom & strength to all our pastors, that they may equip His people for works of service. That the Lord will shepherd them as they shepherd others. ● Pray for the anointing of the Holy Spirit to be upon them. That the Lord would use them powerfully. ● Ask God to protect the pastors from the evil one and from being entrapped by the fear of man. ● Pray against discouragement and ask God re-fill those that may feel depleted. ● Pray that the Lord will bless the pastors with rest on every side and guard their hearts and minds in Him as they labour in His vineyard. ● Ask God to clear the way for them to carry out His plans despite challenges. ● Pray for divine protection, provision and covering over them and their families. 	<p>John 17:3- <i>Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.</i></p> <p>NBC WESTLANDS</p> <ul style="list-style-type: none"> ● Thank God for teens ministry that started in May. Pray for growth in children and youth ministries and for more co-workers in the ministries. ● Pray for a revival and move of God ● Pray for their outreach plans. For favour, strengthening & Divine partnerships as they minister at primary, high schools and campuses. ● Pray for several in the congregation who have been unwell. Thank God for those discharged from hospital. ● Pray for the transition to the Ngecha land. <p>NBC KIBERA</p> <ul style="list-style-type: none"> ● Thank God for salvations: 84 teens saved during a weekend challenge. 7 people saved during the first kesho of 2024. 2 Badilians (ex-cans) got saved and 8 teens during the teens week. ● Pray for God's power to be experienced in all ministries. ● Pray that people will not just attend church but will intentionally grow in their knowledge of and relationship with God. 	<p>Ephesians 3: 16-17a- <i>I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith...</i></p> <p>NBC KITENGELA</p> <ul style="list-style-type: none"> ● Thank God for the women's ministry that had a crusade, Many heard the gospel and 2 gave their lives to Christ. ● Thank God for 69 people who registered for 3i8 training. ● Pray for strength and provision for members affected by the floods. ● Comfort for those who have lost loved ones & praying that the Lord would stay the hand of death. ● For the ministry teams to be filled and empowered by the Holy Spirit. <p>NBC RONGAI</p> <ul style="list-style-type: none"> ● Divine provision and resources to finish the Sunday school classes building project. ● Spiritual growth and renewal. For each member to be strengthened in their faith. ● Pray for the ministries (worship, children, youth, intercessory, Outreach, Men and Women). ● For the Lord to bless the families in the church with unity, and love.

Day 16 (Tuesday). NBC Kikuyu & Ngong Rd.	Day 17 (Wednesday). The local Mission Field	Day 18 (Thursday). The Global Mission Field
<p data-bbox="111 151 741 305"><i>Philippians 4: 19-20 And my God will meet all your needs according to the riches of his glory in Christ Jesus. To our God and Father be glory for ever and ever. Amen.</i></p> <p data-bbox="111 313 321 345">NBC KIKUYU</p> <ul data-bbox="163 354 741 881" style="list-style-type: none"> • Give thanks for the numerical increase in the church. Pray for salvation & spiritual growth of all. • Give thanks & pray for the newly appointed Lead Pastor (Pst. Elijah Mokaya). • Pray for more co-workers & strength to serve especially Sunday school & outreach. • Growth and impact of Outreach initiatives (schools & college ministry). • Provision for Cabro paving project& equipment. <p data-bbox="111 922 415 954">NBC NGONG ROAD</p> <ul data-bbox="163 963 741 1490" style="list-style-type: none"> • Thank God for all that got saved this year in the services and other church forums. • Thank God for all He has done through the various ministries & pray for them e.g outreach to schools and prisons, Easter Cantata, Holiday Bible club, concert, Impact (ex-cans program), Men, Women (angaza) ministries, Young adults, HGF's etc • Pray for the empowerment & strength of the Holy Spirit in all ministry teams. Pray for more co-workers. • Divine provision for a new sound system. 	<p data-bbox="772 188 1339 383"><i>Acts 1: 8- But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."</i></p> <ul data-bbox="814 391 1339 1390" style="list-style-type: none"> • Thank God for all who have given their lives to Christ during our Sunday services. Pray for all in our congregations who have not yet surrendered their lives to Christ. • Pray for all the missions the NBC assemblies are engaged in. e.g. in schools, Universities, prisons, door to door evangelism, crusades etc. • Pray for our local missions Stations (Kwale and Kibera). That they will continue to be a beacon of light. • Pray for our social welfare missionary activities e.g. feeding the hungry, Bapo scholars program, etc • Pray that many would come to hear the Gospel through NBC missions and surrender their lives to Christ. • Pray that the name of the Lord be highly exalted in our different assemblies and mission fields. • Pray for the September mission month. That through the mission activities many will encounter the Living God. 	<p data-bbox="1371 188 1980 423"><i>Zechariah 8:23- This is what the LORD Almighty says: "In those days ten people from all languages and nations will take firm hold of one Jew by the hem of his robe and say, 'Let us go with you, because we have heard that God is with you.</i></p> <ul data-bbox="1413 472 1980 1471" style="list-style-type: none"> • Pray for our Go West mission and the missionaries there. That God will protect them and their family and provide for their physical, social, emotional and spiritual needs. • Pray that God will continue to lead as we establish a mission base in West Africa. Pray that God will stabilize the country where we have a mission base. • Pray that God will place a burden in the hearts of his people to serve in West Africa as missionaries in various capacities. • Pray for the persecuted Christians in West Africa. • Pray for a desired short-term mission to Bujumbura, Burundi later on in the year. Pray that God will provide both the missionaries and funds needed. • Thank the Lord for the fruit that He is already producing as people hear the gospel (those that have come to the knowledge of Christ Jesus). • Pray for more fruit that will last as we continue our Go West initiative.

Day 19 (Friday). National Repentance and Healing	Day 20 (Saturday). The Nation	Day 21. (Sunday). Worship
<p>2Chronicles 7:14: <i>if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.</i></p> <ul style="list-style-type: none"> ● Repent for the evil that has happened in this land. Repent on behalf of the leadership and all the people of the land. Ask the Lord to help us turn from our wicked ways and to forgive our sin ● Repent for the corruption in every sector of this nation. Confess to the Lord and repent of times where we have also been participants in corruption. ● Repent for the blood that has been shed. ● Repent for the way we have destroyed our environment and done things we ought not to have done that have had devastating effects like the floods, collapsing buildings etc. ● Pray that God will comfort and bring restoration to all the people who lost loved ones and property due to floods. ● Pray for the health and education sectors and the strikes that have been happening. Pray for a Godly way forward. ● Pray for the economy and the tough economic times that many are facing. ● Pray for a national revival and spiritual healing. 	<p>Acts 17: 26-27: <i>From one man he created all the nations throughout the whole earth. He decided beforehand when they should rise and fall, and he determined their boundaries. 27 “His purpose was for the nations to seek after God and perhaps feel their way toward him and find him—though he is not far from any one of us.</i></p> <ul style="list-style-type: none"> ● Thank the Lord that it is He who determined that Kenya would be a nation in this time of History. ● Pray that we as a nation would seek after God. And that Gods purposes and plans will prevail in this nation. ● Pray for wisdom and integrity of all the leaders of the land. Starting with the President and leaders in all sectors. Pray that their hearts would turn to the Lord. ● Pray for all sectors of the economy to flourish and thrive - business, agriculture, tourism, etc. That they will be governed by Godly principles. Pray for Godly, creative and innovative solutions to problems in every sector. ● Pray that the nation of Kenya will bring the Lord glory and praise and draw others to His light. ● Proclaim God’s glory, light, Presence, peace, blessing and reign over the nation. 	<p>Psalm 95: 1-7- <i>Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation. 2 Let us come before him with thanksgiving and extol him with music and song. 3 For the Lord is the great God, the great King above all gods. 4 In his hand are the depths of the earth, and the mountain peaks belong to him. 5 The sea is his, for he made it, and his hands formed the dry land. 6 Come, let us bow down in worship, let us kneel before the Lord our Maker; 7 for he is our God and we are the people of his pasture, the flock under his care.</i></p> <ul style="list-style-type: none"> ● Let us worship the Lord exuberantly for He is the rock of our salvation that has carried us through the past 21 days of prayer & fasting. ● He is the God who has heard us and listened as we prayed. ● Come before Him with thanksgiving and extol Him with music and song. ● Worship the Lord for who He is, all He has done and all He will do. ● Worship Him and give Him thanks for He is our God and we are the people of His pasture, the flock under his care.