

WEEK 21
23RD JUNE –
29TH JUNE
 Day 1: Joshua 1-2
 Day 2: Joshua 3-4
 Day 3: Joshua 5-6
 Day 4: Joshua 7-8
 Day 5: Joshua 9-10
 Day 6: Joshua 11-12
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 119:17-24
 Psalm 119:25-32
 Psalm 119:33-40
 Psalm 119:41-48
 Psalm 119:49-56
 Psalm 119:57-64
REFLECTIVE PRAYER

WEEK 22
30TH JUNE –
6TH JULY
 Day 1: Joshua 13-14
 Day 2: Joshua 15-16
 Day 3: Joshua 17-18
 Day 4: Joshua 19-20
 Day 5: Joshua 21-22
 Day 6: Joshua 23-24
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 119:65-72
 Psalm 119:73-80
 Psalm 119:81-88
 Psalm 119:89-96
 Psalm 119:97-104
 Psalm 119:105-112
REFLECTIVE PRAYER

WEEK 23
7TH JULY –
13TH JULY
 Day 1: Judges 1-2
 Day 2: Judges 3
 Day 3: Judges 4-5
 Day 4: Judges 6
 Day 5: Judges 7-8
 Day 6: Judges 9
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 119:112-120
 Psalm 119:121-128
 Psalm 119:129-136
 Psalm 119:137-144
 Psalm 119:145-152
 Psalm 119:153-160
REFLECTIVE PRAYER

WEEK 24
14TH JULY –
20TH JULY
 Day 1: Judges 10-11
 Day 2: Judges 12
 Day 3: Judges 13-14
 Day 4: Judges 15
 Day 5: Judges 16-17
 Day 6: Judges 18-19
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 119:161-168
 Psalm 119:169-176
 Psalm 120
 Psalm 121
 Psalm 122
 Psalm 123
REFLECTIVE PRAYER

WEEK 25
21ST JULY –
27TH JULY
 Day 1: Judges 20
 Day 2: Judges 21
 Day 3: Ruth 1
 Day 4: Ruth 2
 Day 5: Ruth 3
 Day 6: Ruth 4
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 124
 Psalm 125
 Psalm 125
 Psalm 127
 Psalm 128
 Psalm 129
REFLECTIVE PRAYER

WEEK 26
28TH JULY –
3RD AUGUST
 Day 1: 1 Samuel 1-2
 Day 2: 1 Samuel 3
 Day 3: 1 Samuel 4-5
 Day 4: 1 Samuel 6-7
 Day 5: 1 Samuel 8
 Day 6: 1 Samuel 9-10
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 130
 Psalm 131
 Psalm 132
 Psalm 133
 Psalm 134
 Psalm 135
REFLECTIVE PRAYER

WEEK 27
4TH AUGUST –
10TH AUGUST
 Day 1: 1 Samuel 11-12
 Day 2: 1 Samuel 13-14
 Day 3: 1 Samuel 15
 Day 4: 1 Samuel 16 -17
 Day 5: 1 Samuel 18
 Day 6: 1 Samuel 19-20
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 136
 Psalm 137
 Psalm 138
 Psalm 139
 Psalm 140
 Psalm 141
REFLECTIVE PRAYER

WEEK 28
11TH AUGUST –
17TH AUGUST
 Day 1: 1 Samuel 21-22
 Day 2: 1 Samuel 23-24
 Day 3: 1 Samuel 25
 Day 4: 1 Samuel 26-27
 Day 5: 1 Samuel 28-29
 Day 6: 1 Samuel 30-31
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 142
 Psalm 143
 Psalm 144
 Psalm 145
 Psalm 146
 Psalm 147
REFLECTIVE PRAYER

WEEK 29
18TH AUGUST –
24TH AUGUST
 Day 1: 2 Samuel 1-2
 Day 2: 2 Samuel 3-4
 Day 3: 2 Samuel 5-6
 Day 4: 2 Samuel 7-8
 Day 5: 2 Samuel 9-10
 Day 6: 2 Samuel 11-12
Day 7: READING CATCH UP

PSALM FOR PRAYER
 Psalm 148
 Psalm 149
 Psalm 150
REFLECTIVE PRAYER

WEEK 30
25TH AUGUST –
31ST AUGUST
 Day 1: 2 Samuel 13-14
 Day 2: 2 Samuel 15-16
 Day 3: 2 Samuel 17-18
 Day 4: 2 Samuel 19-20
 Day 5: 2 Samuel 21-22
 Day 6: 2 Samuel 23-24
Day 7: READING CATCH UP

WEEK 31
1ST SEPTEMBER –
7TH SEPTEMBER
 Day 1: 1 Kings 1-2
 Day 2: 1 Kings 3-4
 Day 3: 1 Kings 5
 Day 4: 1 Kings 6-7
 Day 5: 1 Kings 8-9
 Day 6: 1 Kings 10-11
Day 7: READING CATCH UP

WEEK 32
8TH SEPTEMBER –
14TH SEPTEMBER
 Day 1: 1 Kings 12-13
 Day 2: 1 Kings 14-15
 Day 3: 1 Kings 16
 Day 4: 1 Kings 17-18
 Day 5: 1 Kings 19-20
 Day 6: 1 Kings 21-22
Day 7: READING CATCH UP

WEEK 33
15TH SEPTEMBER –
21ST SEPTEMBER
 Day 1: 2 Kings 1-2
 Day 2: 2 Kings 3-4
 Day 3: 2 Kings 5-6
 Day 4: 2 Kings 7-8
 Day 5: 2 Kings 9-10
 Day 6: 2 Kings 11-12
Day 7: READING CATCH UP

WEEK 34
22ND SEPTEMBER –
28TH SEPTEMBER
 Day 1: 2 Kings 13-14
 Day 2: 2 Kings 15-17
 Day 3: 2 Kings 18-19
 Day 4: 2 Kings 20-21
 Day 5: 2 Kings 22-23
 Day 6: 2 Kings 24-25
Day 7: READING CATCH UP

WEEK 35
29TH SEPTEMBER –
5TH OCTOBER
 Day 1: 1 Chronicles 1-2
 Day 2: 1 Chronicles 3
 Day 3: 1 Chronicles 4-5
 Day 4: 1 Chronicles 6
 Day 5: 1 Chronicles 7-8
 Day 6: 1 Chronicles 9
Day 7: READING CATCH UP

WEEK 36
6TH OCTOBER –
12TH OCTOBER
 Day 1: 1 Chronicles 10-11
 Day 2: 1 Chronicles 12-13
 Day 3: 1 Chronicles 14-15
 Day 4: 1 Chronicles 16
 Day 5: 1 Chronicles 17-18
 Day 6: 1 Chronicles 19-20
Day 7: READING CATCH UP

WEEK 37
13TH OCTOBER –
19TH OCTOBER
 Day 1: 1 Chronicles 21-22
 Day 2: 1 Chronicles 23
 Day 3: 1 Chronicles 24-25
 Day 4: 1 Chronicles 26
 Day 5: 1 Chronicles 27-28
 Day 6: 1 Chronicles 29
Day 7: READING CATCH UP

WEEK 38
20TH OCTOBER –
26TH OCTOBER
 Day 1: 2 Chronicles 1-2
 Day 2: 2 Chronicles 3-4
 Day 3: 2 Chronicles 5-6
 Day 4: 2 Chronicles 7-8
 Day 5: 2 Chronicles 9-10
 Day 6: 2 Chronicles 11-12
Day 7: READING CATCH UP

WEEK 39
27TH OCTOBER –
2ND NOVEMBER
 Day 1: 2 Chronicles 13-14
 Day 2: 2 Chronicles 15-16
 Day 3: 2 Chronicles 17-18
 Day 4: 2 Chronicles 19-20
 Day 5: 2 Chronicles 21-22
 Day 6: 2 Chronicles 23-24
Day 7: READING CATCH UP

WEEK 40
3RD NOVEMBER –
9TH NOVEMBER
 Day 1: 2 Chronicles 25-26
 Day 2: 2 Chronicles 27-28
 Day 3: 2 Chronicles 29-30
 Day 4: 2 Chronicles 31-32
 Day 5: 2 Chronicles 33-34
 Day 6: 2 Chronicles 36-36
Day 7: READING CATCH UP

WEEK 41
10TH NOVEMBER –
16TH NOVEMBER
 Day 1: Ezra 1-2
 Day 2: Ezra 3-4
 Day 3: Ezra 5
 Day 4: Ezra 6-7
 Day 5: Ezra 8
 Day 6: Ezra 9-10
Day 7: READING CATCH UP

WEEK 42
17TH NOVEMBER –
23RD NOVEMBER
 Day 1: Nehemiah 1-2
 Day 2: Nehemiah 3-4
 Day 3: Nehemiah 5-7
 Day 4: Nehemiah 8-9
 Day 5: Nehemiah 10-11
 Day 6: Nehemiah 12-13
Day 7: READING CATCH UP

WEEK 43
24TH NOVEMBER –
30TH NOVEMBER
 Day 1: Esther 1-2
 Day 2: Esther 3-4
 Day 3: Esther 5
 Day 4: Esther 6-7
 Day 5: Esther 8
 Day 6: Esther 9-10
Day 7: READING CATCH UP

SHIFT

NBC BIBLE READING PLAN 2025



WEEK 1
3RD FEBRUARY -
9TH FEBRUARY
 Day 1: Genesis 1-2
 Day 2: Genesis 3-4
 Day 3: Genesis 5
 Day 4: Genesis 6-7
 Day 5: Genesis 8
 Day 6: Genesis 9-10
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 1
 Psalm 2
 Psalm 3
 Psalm 4
 Psalm 5
 Psalm 6
REFLECTIVE
PRAYER

WEEK 6
10TH MARCH -
16TH MARCH
 Day 1: Exodus 1-2
 Day 2: Exodus 3
 Day 3: Exodus 4-5
 Day 4: Exodus 6
 Day 5: Exodus 7-8
 Day 6: Exodus 9-10
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 31
 Psalm 32
 Psalm 33
 Psalm 34
 Psalm 35
 Psalm 36
REFLECTIVE
PRAYER

WEEK 11
14TH APRIL -
20TH APRIL
 Day 1: Leviticus 10-11
 Day 2: Leviticus 12
 Day 3: Leviticus 13-14
 Day 4: Leviticus 15
 Day 5: Leviticus 16-17
 Day 6: Leviticus 18
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 61
 Psalm 62
 Psalm 63
 Psalm 64
 Psalm 65
 Psalm 66
REFLECTIVE
PRAYER

WEEK 16
19TH MAY -
25TH MAY
 Day 1: Numbers 28-29
 Day 2: Numbers 30
 Day 3: Numbers 31-32
 Day 4: Numbers 33
 Day 5: Numbers 34-35
 Day 6: Numbers 36
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 91
 Psalm 92
 Psalm 93
 Psalm 94
 Psalm 95
 Psalm 96
REFLECTIVE
PRAYER

WEEK 2
10TH FEBRUARY -
16TH FEBRUARY
 Day 1: Genesis 11-12
 Day 2: Genesis 13-14
 Day 3: Genesis 15
 Day 4: Genesis 16-17
 Day 5: Genesis 18
 Day 6: Genesis 19-20
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 7
 Psalm 8
 Psalm 9
 Psalm 10
 Psalm 11
 Psalm 12
REFLECTIVE
PRAYER

WEEK 7
17TH MARCH -
23RD MARCH
 Day 1: Exodus 11-12
 Day 2: Exodus 13
 Day 3: Exodus 14-15
 Day 4: Exodus 16
 Day 5: Exodus 17-18
 Day 6: Exodus 19-20
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 37
 Psalm 38
 Psalm 39
 Psalm 40
 Psalm 41
 Psalm 42
REFLECTIVE
PRAYER

WEEK 12
21ST APRIL -
27TH APRIL
 Day 1: Leviticus 19-20
 Day 2: Leviticus 21
 Day 3: Leviticus 22-23
 Day 4: Leviticus 24
 Day 5: Leviticus 25-26
 Day 6: Leviticus 27
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 67
 Psalm 68
 Psalm 69
 Psalm 70
 Psalm 71
 Psalm 72
REFLECTIVE
PRAYER

WEEK 17
26TH MAY -
1ST JUNE
 Day 1: Deuteronomy 1-2
 Day 2: Deuteronomy 3
 Day 3: Deuteronomy 4-5
 Day 4: Deuteronomy 6
 Day 5: Deuteronomy 7
 Day 6: Deuteronomy 8
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 97
 Psalm 98
 Psalm 99
 Psalm 100
 Psalm 101
 Psalm 102
REFLECTIVE
PRAYER

WEEK 3
17TH FEBRUARY -
23RD FEBRUARY
 Day 1: Genesis 21-22
 Day 2: Genesis 23-24
 Day 3: Genesis 25
 Day 4: Genesis 26-27
 Day 5: Genesis 28
 Day 6: Genesis 29-30
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 13
 Psalm 14
 Psalm 15
 Psalm 16
 Psalm 17
 Psalm 18
REFLECTIVE
PRAYER

WEEK 8
24TH MARCH -
30TH MARCH
 Day 1: Exodus 21-22
 Day 2: Exodus 23
 Day 3: Exodus 24-25
 Day 4: Exodus 26
 Day 5: Exodus 27-28
 Day 6: Exodus 29-30
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 43
 Psalm 44
 Psalm 45
 Psalm 46
 Psalm 47
 Psalm 48
REFLECTIVE
PRAYER

WEEK 13
28TH APRIL -
4TH MAY
 Day 1: Numbers 1-2
 Day 2: Numbers 3
 Day 3: Numbers 4-5
 Day 4: Numbers 6
 Day 5: Numbers 7-8
 Day 6: Numbers 9
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 73
 Psalm 74
 Psalm 75
 Psalm 76
 Psalm 77
 Psalm 78
REFLECTIVE
PRAYER

WEEK 18
2ND JUNE -
8TH JUNE
 Day 1: Deuteronomy 9-10
 Day 2: Deuteronomy 11
 Day 3: Deuteronomy 12-13
 Day 4: Deuteronomy 14
 Day 5: Deuteronomy 15-16
 Day 6: Deuteronomy 17
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 103
 Psalm 104
 Psalm 105
 Psalm 106
 Psalm 107
 Psalm 108
REFLECTIVE
PRAYER

WEEK 4
24TH FEBRUARY -
2ND MARCH
 Day 1: Genesis 31-32
 Day 2: Genesis 33-34
 Day 3: Genesis 35
 Day 4: Genesis 36-37
 Day 5: Genesis 38
 Day 6: Genesis 39-40
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 19
 Psalm 20
 Psalm 21
 Psalm 22
 Psalm 23
 Psalm 24
REFLECTIVE
PRAYER

WEEK 9
31ST MARCH -
6TH APRIL
 Day 1: Exodus 31-32
 Day 2: Exodus 33
 Day 3: Exodus 34-35
 Day 4: Exodus 36
 Day 5: Exodus 37-38
 Day 6: Exodus 39-40
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 49
 Psalm 50
 Psalm 51
 Psalm 52
 Psalm 53
 Psalm 54
REFLECTIVE
PRAYER

WEEK 14
5TH MAY -
11TH MAY
 Day 1: Numbers 10-11
 Day 2: Numbers 12
 Day 3: Numbers 13-14
 Day 4: Numbers 15
 Day 5: Numbers 16-17
 Day 6: Numbers 18
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 79
 Psalm 80
 Psalm 81
 Psalm 82
 Psalm 83
 Psalm 84
REFLECTIVE
PRAYER

WEEK 19
9TH JUNE -
15TH JUNE
 Day 1: Deuteronomy 18-19
 Day 2: Deuteronomy 20
 Day 3: Deuteronomy 21-22
 Day 4: Deuteronomy 23
 Day 5: Deuteronomy 24
 Day 6: Deuteronomy 25
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 109
 Psalm 110
 Psalm 111
 Psalm 112
 Psalm 113
 Psalm 114
REFLECTIVE
PRAYER

WEEK 5
3RD MARCH -
9TH MARCH
 Day 1: Genesis 41-42
 Day 2: Genesis 43-44
 Day 3: Genesis 45
 Day 4: Genesis 46-47
 Day 5: Genesis 48
 Day 6: Genesis 49-50
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 25
 Psalm 26
 Psalm 27
 Psalm 28
 Psalm 29
 Psalm 30
REFLECTIVE
PRAYER

WEEK 10
7TH APRIL -
13TH APRIL
 Day 1: Leviticus 1-2
 Day 2: Leviticus 3
 Day 3: Leviticus 4-5
 Day 4: Leviticus 6
 Day 5: Leviticus 7-8
 Day 6: Leviticus 9
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 55
 Psalm 56
 Psalm 57
 Psalm 58
 Psalm 59
 Psalm 60
REFLECTIVE
PRAYER

WEEK 15
12TH MAY -
18TH MAY
 Day 1: Numbers 19-20
 Day 2: Numbers 21
 Day 3: Numbers 22-23
 Day 4: Numbers 24
 Day 5: Numbers 25-26
 Day 6: Numbers 27
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 85
 Psalm 86
 Psalm 87
 Psalm 88
 Psalm 89
 Psalm 90
REFLECTIVE
PRAYER

WEEK 20
16TH JUNE -
22ND JUNE
 Day 1: Deuteronomy 26-27
 Day 2: Deuteronomy 28
 Day 3: Deuteronomy 29-30
 Day 4: Deuteronomy 31
 Day 5: Deuteronomy 32-33
 Day 6: Deuteronomy 34
Day 7: READING
CATCH UP

PSALM FOR
PRAYER
 Psalm 115
 Psalm 116
 Psalm 117
 Psalm 118
 Psalm 119:1-8
 Psalm 119:6-16
REFLECTIVE
PRAYER

Dear NBC Saint,

The Bible self-authenticates itself as the lamp to our feet and a light to our paths (Psalm 119:105). This is why it is crucial to regularly read through the Bible. Moreover, our prayer lives ought to be influenced by the language of Scripture. Put differently, we ought to pray Biblically. The book of Psalms is both the hymn book and the prayer book of the Church and we do well to pray the same prayers that saints throughout the ages have prayed. Consequently, this year, our Bible reading plan also includes a Psalm for prayer (for a good portion of the year). Do not merely read the Psalm but use its words to direct your prayers to God.

May the Lord Jesus be pleased to speak to you as you read His Word and to hear your prayers as you pray the Psalms.

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